

Eastern 2019 Regional Tournament Dates/Deadlines

Sport	Discipline	Gender	Entry deadline	Event Date	Venue	Maximum entry per college
Badminton	Singles	Men's	27 Sept	11 Nov	The University of Hertfordshire	3
	Singles	Women's				3
Basketball	Team	Men's	27 Sept	14 Oct	The University of Hertfordshire	1 team
	Team	Women's				1 team
Cross Country	Individual	Men's	27 Sept	9 Oct	Easton College	Unlimited
	Individual	Women's				Unlimited
Cricket	Team	Mixed	27 Sept	11 Nov	The University of Hertfordshire	1 team
Football	Team	Men's	27 Sept	14 Oct	The University of Hertfordshire	1 team
	Team	Women's	27 Sept	11 Nov	The University of Hertfordshire	1 team
	Team	Pan-disability				1 team
Hockey	Team	Mixed	27 Sept	11 Nov	The University of Hertfordshire	1 team
Netball	Team	Women's	27 Sept	11 Nov	The University of Hertfordshire	1 team
Rugby	Team	Men's	27 Sept	13 Nov	Shelford Rugby Club	1 team
	Team	Women's				1 team
Table Tennis	Singles	Men's	27 Sept	14 Oct	The University of Hertfordshire	3
	Singles	Women's				3
Tennis	Singles	Men's	27 Sept	9 Oct	Easton College	3
	Singles	Women's				3
Volleyball	Team	Men's	27 Sept	9 Oct	Easton College	1 team
	Team	Women's				1 team