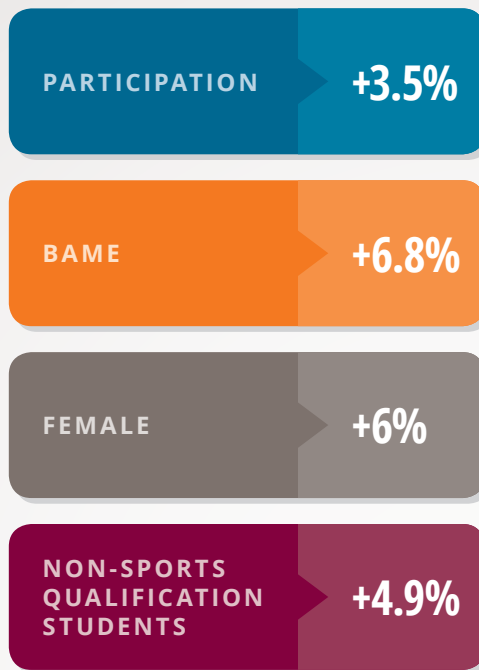


## THE SUSTAINED IMPACT OF ACTIVE COLLEGES

Since the Active Colleges programme was established in 2012, participation in colleges has increased every year, despite the challenges of the changing FE landscape. Colleges have faced numerous reforms, financial cuts and area reviews but have sustained an increase in the activity of students and college staff. Research conducted by CFE has shown particular impact among 'hard to reach' groups that are typically less likely to participate in physical activity.

Since 2012, College Sport Makers and FE Activation Fund Leads have worked hard to embed physical activity into colleges and create a more active college culture and environment. This will impact positively on the students' education, employment and health.



## A SECTOR STRATEGY AND A LEAD ORGANISATION

AoC Sport is the representative voice of the sector. We promote, support and deliver college sport and physical activity. The vision of our national strategy, Fit for College, Fit for Work, Fit for Life, is for every student to participate regularly in sport or physical activity. The strategy aims to use sport or physical activity to improve education, employment and health.

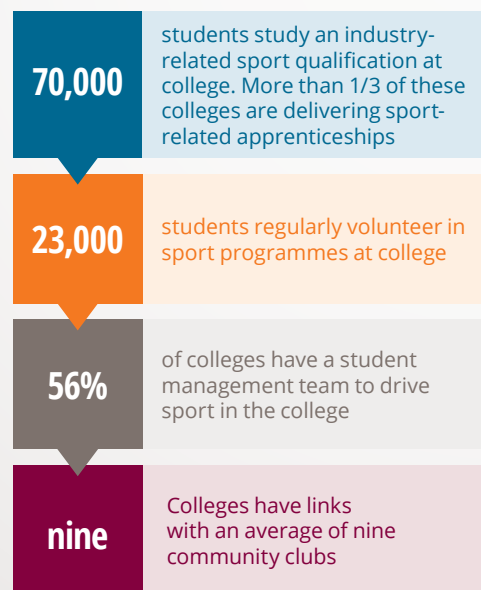


**PROMOTE**  
We champion the education, employment and health benefits of participation in sport or physical activity

**SUPPORT**  
We design and deliver competition, activities and advice that meet the needs of students, member colleges and external agencies

**DELIVER**  
We are the trusted voice for college sport and physical activity, driving improvement, attracting funding for the sector and shaping the further education sporting landscape

## COLLEGES PROVIDE A WORKFORCE FOR SPORT



## SPORT MAKES A DIFFERENCE

More than **50%** of students agreed that taking part in sport helps with college work

Almost **half of students** thought sport helped to develop their employability skills

Nearly **82%** of students agreed that sport improves their mental well-being

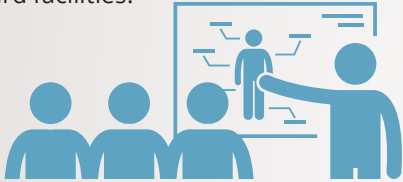
## SPORT IN COLLEGES KEY FACTS 2016/17



## COLLEGES IN ENGLAND

There are 325 further education and sixth form colleges in England, ranging in size from under 1,000 to over 70,000 students.

Further education colleges provide high-quality technical and professional education and training for young people, adults and employers. Sixth form colleges provide high-quality academic education to 16 to 18-year-olds, enabling them to progress to university or higher level vocational education. Colleges are inspirational places to learn because education and training is delivered by expert teaching staff in industry-standard facilities.



## COMPETITIVE OPPORTUNITIES AT ALL LEVELS

**41,000** students compete in inter-college sport, **31,500** regularly

AoC Sport ran **170** leagues and scheduled **6876** fixtures last year

AoC Sport scheduled **1710** fixtures in **23** cup competitions in 2015/16

Around **1,800** students compete at the annual AoC Sport National Championships

More than **84** current college students and FE alumni competed in the 2016 Olympic and Paralympic Games, winning **48** medals



There are **71** national special colleges for students with disabilities

Colleges educate and train **2.7** million people



**744,000** 16 to 18-year-olds choose to study in colleges compared with **433,000** in schools

An additional **75,000** 16 to 18-year-olds undertake apprenticeships through colleges



**1.9** million adults study or train in colleges

**20,000** 14 to 15-year-olds are enrolled in colleges: **3,000** full-time and **17,000** part-time

At their most recent Ofsted inspection, **77%** of colleges were judged *good* or *outstanding* for their overall effectiveness

**42%** of colleges have a sport or physical activity strategy



## COLLEGES PROVIDE OPPORTUNITIES FOR ALL TO PARTICIPATE

Colleges organise an average of **593** sessions and events per year, spread over



**55** different activities

**75%** of students who take part in activity are not studying sport

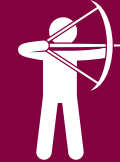


Colleges offer an average of **21** sports,



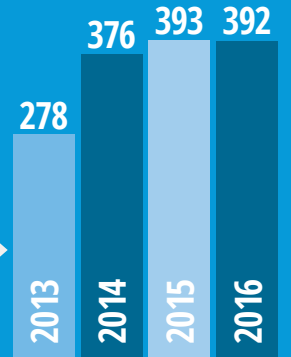
**17** of which are on-site

An average of **15 sports**



are offered for at least **10 WEEKS**

The number of non-sport students has grown by **41%** since 2013



An average of **eight sports** per college are offered specifically to students with disabilities



## COLLEGES CONTRIBUTE TO A STOCK OF QUALITY FACILITIES

Colleges provide fit-for-purpose facilities for an average of **17 sports**

**85%** of colleges have a sports hall

**9/10** college sports halls are available for community use