

AoC Sport League & Cup Competitions

Sport	Gender	Competition Levels			Cups	Additional Information
Badminton	Mixed			Regional	National KO Cup	
Basketball	Men	ABL / EABL		Regional	National KO Cup	ABL & EABL Run with Basketball England - Regional leagues and National Knockout cup run by AoC Sport. No ABL or EABL teams permitted to enter the National KO cup.
Basketball	Women	WEABL		Regional	National KO Cup	WEABL run with Basketball England - Regional leagues and National Knockout cup run by AoC Sport. No WEABL teams permitted to enter the National KO cup.
Cricket	Mixed			Regional	No	Format T20 run in Term 3
Football (ECFA)	Men	Premier	Championships	Regional	Premier, National KO & National KO Trophy	There are 3 cup competitions (Premier cup, Knockout cup for full members and Knockout trophy for affiliate members)
Football (ECFA)	Women	Premier		Regional	Premier & National KO	This season the premier and championship teams will merge into the premier league. There are 2 cup competitions (Premier cup and Knockout cup).
Football (Pan Disability)	Mixed			Regional	National	
Futsal	Men / Women	National		Regional Tier 3	No	Regional Tier 3 to be run in Term 2
Futsal	Mixed			Regional Tier 2	No	Regional Tier 2 to be run in Term 1
Golf	Mixed			Regional	No	Additional national open events available
Hockey	Men / Women / Mixed			Regional	National KO Cup	
Netball	Women	Premier		Regional	National KO Cup	The premier and regional teams both enter the National KO Cup
Rugby Union 7s	Women			Regional	National Cup	Regional leagues are in a flexible format.
Rugby Union	Men	Premier		Regional	Premier & National KO	Teams may only enter the either the league or cup but not both
Volleyball	Men / Women / Mixed				National KO Cup	